



Soil Mix & Mulch Recipe for New Vegie Garden

Kimbriki Eco House & Garden

There are an endless number of ways of preparing a new vegie garden.

Here is a suggested mix with ingredients from some local suppliers:

1. **Australian Native Landscapes (ANL)** - 317 Mona Vale Rd, Terrey Hills 2084. Phone 9450 1444. ANL have the contract for processing all the garden waste that comes into Kimbriki Resource Recovery Centre.
2. **Better Produce** - 287 Mona Vale Road, Terrey Hills 2084. Phone 9986 3400
3. **New Leaf Nursery** - 224 Powderworks Rd, Ingleside 2101. Phone 9913 3709

The products outlined below are for gardeners who choose to use 'organic gardening principles' which means NO use of any synthetic fertilisers, and no pesticides, herbicides, etc.

Premium Potting Mix	Australian Native Landscapes, Terrey Hills
Premium Soil Mix	Australian Native Landscapes, Terrey Hills
Pulverised Cow Manure	Australian Native Landscapes, Terrey Hills
"SUPER 6" - rich manure mix	Australian Native Landscapes, Terrey Hills
"Forest Fines" Mulch	Australian Native Landscapes, Terrey Hills
Dolomite Lime & Rock Dust	New Leaf Nursery (Powderworks Rd) or Better Produce Terrey Hills
Mulches - e.g. lucerne chaff, hemp, pea straw, sugar cane, etc.	New Leaf Nursery (Powderworks Rd) or Better Produce Terrey Hills

Approximate Mix

For a raised garden bed - fill lower half with **Premium Soil Mix** and upper half with **Premium Potting Mix**.

Now add to either a raised bed or directly to existing soil - one to two standard 20 litre bags of **cow manure and one bag of "SUPER 6" (rich manure mix)**, to each square metre of surface area. Mix/dig this really well into the top 100 to 200mm of the garden.

Add 5-10 litres of '**Forest Fines**' mulch per square meter. Mix/dig this really well into the top 100 to 200mm of the garden.

Add one good handful of **Dolomite Lime** to each square metre of surface area.

Consider adding a handful of **Rock Dust** (natural minerals) to each square metre of garden also. Plants will take up these minerals and we will absorb them into our bodies when we eat the plants. Mix/dig this really well into the top 100 to 200mm of the garden.

Planting

Add a few handfuls of rich homemade compost (if you have any) with each new plant. Otherwise just plant directly into the mix you have made. **Water really well after planting** and every day for a few days, then as required.

After planting add a thin layer (1-2cm) of mulch over entire surface of the garden. Thin layers of mulch added regularly are better than thick layers added less often. Thick layers of mulch can form a 'matt' and inhibit water & air infiltration. Keep mulches away from the stems of young plants. Other good mulches are sugar cane and pea straw. Lucerne and pea straw are both 'legumes' so are higher in nitrogen.

Notes

For more information
visit www.ecohouseandgarden.com.au
email kimbriki@kimbriki.com
or contact via Kimbriki Resource Recovery Centre
phone 02 9486 3512 Monday to Friday

