

# WASTE FREE WEDNESDAYS

## Why?

The purpose of the **Waste-Free Lunch Challenge** is to:

- Help students and parents understand the benefits of a waste-free lunch and to be more aware of over-packaging in food
- Encourage students and parents to meet the challenge of a waste-free lunch day or week
- Minimise waste from lunches at our school

We felt that it fit extremely well with our involvement with the Cancer Council NSW's **Healthy Lunchbox** sessions, that our Kindy students have been engaged in. As well as our efforts to develop a **Whole School Recycling Program** and reduction of landfill waste and food waste in landfill that links to the core principles in our **Kitchen Garden Program** as well as the **Sustainability** cross curricular priority in the NSW syllabus.

Simple competition between the classes with points allocated for the class with the highest percentage of students who have a Waste Free or Nude Food lunch (i.e. no packaging). The class is awarded with the **Golden Lunchbox and a Respectful SuperKid** for each student and the opportunity to be awarded a Mini-Merit with multiple wins of the Golden Lunchbox within one term.

We are interested to see if this would change results of a Waste Audit that we did last year before we introduced our Mixed Container and Soft Plastic Recycling in the school.

## When?

Beginning Term [#] week 1 on **Wednesday [date]** and **every Wednesday thereafter in Term [#]** as a trial period to be assessed at the end of the year.

## How?

We are encouraging all students to bring **fresh, healthy, rubbish free lunches** to our school **especially on Waste Free Wednesdays**. We ask that your child's lunch contain as few items as possible that must be thrown away. Ideally, your child's lunch will only contain items that will be eaten, composted or recycled.

**Reusable containers** are a handy way to pack a waste-free lunch. They also make it easy to buy food and drink in bulk (instead of in single-servings) which can save money over time.

**SRC representatives** from each class will do a count at the beginning of the day on Waste Free Wednesdays and deliver results to the Environment Committee and the **Golden Lunchbox will be awarded on Friday's assembly**.

Primary School Environment Committee