

GARDEN SENSES WANDER ACTIVITY – TEACHER INSTRUCTIONS (K-2)

This is a wonderful opportunity for the students to explore the garden at their own pace in pairs or small groups and connect in with their senses. You may also have a few “Sit Spots” identified at the beginning of the class that the students can be encouraged to use and take a moment to fine tune their awareness to their immediate surroundings.

CURRICULUM LINKS: **STe-1WS-S/ STe-3LW-ST/ Ste-6ES-S**
ST1-1WS-S/ ST1-4LW-S/ ST1-5LW-T/ ST1-10ES

You will need:

- Clipboard per group
- **Garden Senses Wander Activity Sheet Years K-2**
- Pencils/ coloured pencils
- Magnifying glasses if students want to look a little closer

What to do:

1. As a whole class identify what our 5 senses are and some everyday ways in which we use these Super Senses.
2. Ask the students to close their eyes and tune in to the sounds around them. What are the predominant sounds they can hear? Share ideas together.
3. You could repeat this for what the students can see, imagine what they could possibly touch or taste or smell in the garden. Share ideas together.
4. **Ensure all students are aware that they should only be tasting something if they have checked with an adult first that it is EDIBLE and SAFE to do so.**
5. Identify boundary areas where the students are permitted to wander and any off-limits areas.
6. Provide each pairing or small group with a clipboard, **Garden Senses Wander Activity Sheet**, pencil and or coloured pencils.
7. Allow the students time to wander and collate their observations and experiences.
8. Regather to share their findings and talk about how these may be different at different times of day or in different seasons – provide them with an opportunity to imagine those different times and predict how they might respond to the activity sheet at those time.
9. Collect all resources and pack away.